

University of Kalyani

Kalyani - 741 235, Nadia
West Bengal

Registrar



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No. RPS/12th Int. Yoga Day/254/2026/DP-384

Date: 18/06/2026

NOTIFICATION

Pursuant to the order issued by the Chief Secretary, Government of West Bengal vide No. 189/2026 dated 14th June 2026, regarding the observance of the **12th International Day of Yoga** on **21st June 2026**, all Teachers, Officers, Research Scholars, Students, and Staff Members of the University of Kalyani are requested to participate in the Yoga programme to be held at the **Central Play Ground, University of Kalyani** on **Sunday, 21st June 2026**.

The programme will commence at **6:00 A.M.** Participants are requested to report to the venue on time to facilitate the smooth conduct of the event.

All participants are requested to wear a plain white T-shirt (preferably collarless) and maintain proper decorum throughout the programme.

The active participation of all members of the University community will contribute to the successful observance of this important occasion promoting health, well-being, and the spirit of yoga.

This is issued with kind concurrence of the Hon'ble Vice-Chancellor, University of Kalyani.

Sd/-

Registrar

Encls: Programme Schedule

No. RPS/12th Int. Yoga Day/254/2026/DP-384

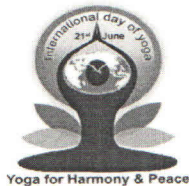
Date: 18/06/2026

Copy forwarded for information and taking necessary action to: -

1. The Hon'ble Vice-Chancellor, K.U. (for his kind information only).
2. All Deans of the Faculty Councils for Postgraduate Studies, K.U.
3. The Head, Dept. of Physical Education & Sports Science, K.U.
4. All Heads of the Academic Departments, K.U. – with a request to ensure the participation of faculty members, research scholars, students and staff members of their respective Departments.
5. All Directors / Coordinators of all Centres, K.U.
6. All Heads of the Administrative Departments, K.U.- with a request to ensure the participation of officers and staff members of their respective Departments.
7. The System-in-Charge, CIRM, K.U. – with a request to upload the notification in the University Website.
8. The Security Superintendent, Watch & Ward Unit, Registrar's Department, K.U.
9. The Care-taker, Registrar's Department, K.U.
10. Guard File, Registrar's Personal Section, K.U.

Deban Das
Registrar
18/06/26

REGISTRAR
University of Kalyani
Kalyani-741235, Nadia
West Bengal



University of Kalyani













OBSERVATION OF 12TH EDITION OF INTERNATIONAL DAY OF YOGA, 2026

DAY - 2



Venue: Central Playground, University of Kalyani **Date:** 21st June, 2026 **Time:** 6:10 AM
Department of Physical Education & Sports Science

PROGRAM SCHEDULE

	Arrival of Distinguished Guests	: 6.10 am
	Receiving the Guests	: 6.12 am
	Prayer Through Sanskrit Mantra	: 6.15 am
	National Song by the Students and Scholars	: 6.20 am
	Welcome address by the Hon'ble Vice-Chancellor	: 6.25 am
	Mass Demonstration and Participation in Yoga Session	: 6.30 am
	Lecture of Swami Urjitananda on "Yoga for Healthy Ageing"	: 7.45 am
	Prayer of Visya-Shanti (World Peace) Mantra	: 8.10 am
	Vote of Thanks by the Head & Director of Sports, KU	: 8.15 am
	Conclusion with the National Anthem	: 8.20 am

"Yoga for Healthy Ageing"